Information For the Use Mefenamic Acid (50mg) + Paracetamol (125mg)

Paraplom M Suspension

Mefenamic Acid (50 mg) + Paracetamol (125 mg) Suspension

Description:

Mefenamic Acid (50 mg) + Paracetamol (125 mg) suspension is a combination medication that offers effective relief from mild to moderate pain and fever. This liquid formulation combines Mefenamic Acid, a nonsteroidal anti-inflammatory drug (NSAID), with Paracetamol, a widely used analgesic and antipyretic.

Composition:

- Mefenamic Acid: 50 mg per 5 ml of suspension
- Paracetamol: 125 mg per 5 ml of suspension

Indications:

This combination suspension is indicated for the treatment of:

- 1. Pain Relief:
 - Mild to moderate pain, including headaches, toothaches, muscle pain, and menstrual cramps.
 - Pain associated with inflammatory conditions such as arthritis.
- 2. Fever Reduction:
 - Helps lower fever caused by common illnesses such as colds, flu, and other viral.

Mechanism of Action:

- Mefenamic Acid: Mefenamic acid works by inhibiting the cyclooxygenase (COX) enzymes (COX-1 and COX-2), which are responsible for the production of prostaglandins, chemicals that promote inflammation, pain, and fever.
- Paracetamol: Paracetamol works by inhibiting the cyclooxygenase (COX) enzymes in the brain, particularly COX-2, to reduce pain and fever.

Dosage and Administration:

- For Adults and Children Over 12 Years:
 - 10 ml (250 mg Paracetamol + 100 mg Mefenamic Acid) every
 6 hours as needed, with a maximum dose of 4,000 mg of
 Paracetamol and 400 mg of
 Mefenamic Acid per 24 hours.
- For Children (6-12 years):
 - 5 ml (125 mg Paracetamol + 50 mg Mefenamic Acid) every 6 hours as needed, with a maximum dose of 3,000 mg of Paracetamol and 300 mg of Mefenamic Acid per 24 hours.
 - For Children (2-6 years):
 - 2.5 ml (62.5 mg Paracetamol + 25 mg Mefenamic Acid) every 6 hours as needed, with a maximum dose of 1,500 mg of

Paracetamol and 150 mg of Mefenamic Acid per 24 hours.

- For Infants (6 months 2 years):
 - 1.25 ml (31.25 mg Paracetamol + 12.5 mg Mefenamic Acid) every 6 hours as needed, with a maximum dose of 750 mg of Paracetamol and 75 mg of Mefenamic Acid per 24 hours.

Note:

- Do not exceed the recommended dose.
- If pain or fever persists for more than 3 days in children or more than 5 days in adults, consult a doctor.

Side Effects:

- Common:
 - Nausea, stomach upset, or mild dizziness.
 - Gastrointestinal discomfort, such as indigestion or bloating.
- Serious but Rare:
 - Gastrointestinal problems: Stomach ulcers, gastrointestinal bleeding, or perforation (especially with prolonged use of Mefenamic acid).

Precautions:

- 1. Liver Disease: Use with caution in individuals with liver disease, particularly if the patient is taking Paracetamol. Liver function should be monitored.
- 2. Gastrointestinal Conditions: Mefenamic acid, as an NSAID, can increase the risk of gastric ulcers and

gastrointestinal bleeding, especially with prolonged use.

- 3. Kidney Disease: Both Mefenamic acid and Paracetamol should be used cautiously in individuals with kidney problems.
- 4. Pregnancy and Breastfeeding: Consult your healthcare provider before using during pregnancy or breastfeeding. Mefenamic acid should generally be avoided in the third trimester of pregnancy due to potential risks to the unborn child.
- 5. immediate medical attention if an overdose is suspected.

Storage:

- Store at room temperature (15-30°C), away from direct light and moisture.
- Keep the bottle tightly closed and out of reach of children to prevent accidental overdose.
- Do not refrigerate or freeze.

Note:

This combination should be used as prescribed and should not be overused, especially when treating fever or pain for extended periods.

Manufactured in India for:

Cafeli

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